

LITTLETON JUNIOR FC TRAINING GUIDELINES - COVID-19

The safety of everyone involved in Littleton Junior FC is the club's top priority. To that end, we require all players, coaches and parents/guardians to comply with the guidelines below, following the latest guidance on permitted grassroots football activity as issued by the FA on 1 June 2020. These measures below will be kept under constant review. Any queries should be referred to the Littleton Junior FC committee.

PLAYERS

I AGREE TO...

- Not attend a session if anyone in my household has Covid-19 symptoms
- Only attend if I am comfortable doing so
- Wash my hands before and after training
- Bring my own drink & hand sanitiser (named)
- Social distance at least 2 metres from anyone outside my household
- Stay with my parent or guardian until the coach is ready to start the session
- Try my hardest and listen to my coach
- Be aware that there will be no toilet facilities
- Follow government advice relevant to any impairment or health condition
- Not attend if I do not adhere to all the above

COACHES

I AGREE TO...

- Not attend a session if anyone in my household has Covid-19 symptoms
- Only attend if I am comfortable doing so
- Select venue where correct social distancing can be maintained
- Not give anyone outside my household a lift
- Ensure everyone maintains correct distance
- Arrive before everyone else and mark out clear social distancing areas
- Ensure cleaning products and hand sanitiser are easily available for everyone taking part
- Clean all equipment between sessions
- Ensure all groups remain the same
- Keep everyone updated of any changes
- Cater adequately for the additional needs of anyone with an impairment
- Be prepared to cancel if all of the above cannot be guaranteed

PARENTS/GUARDIANS

I AGREE TO...

- Not attend a session if anyone in my household has Covid-19 symptoms
- Only attend if I am comfortable doing so
- Attend and remain at all training sessions
- Arrive and leave at the agreed time
- Not give anyone outside my household a lift
- Social distance at least 2 metres from anyone outside my household
- Stay with my child until the coach is ready to start the session
- Be aware that there will be no toilet facilities
- Apply first aid with the support of the coach (who remains at a social distance)
- Follow government advice relevant to any impairment or health condition
- Cancel my household's involvement if all of the above cannot be guaranteed